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**Thank you for confirming your participation in the 7th LNG Congress Russia!**

**We have developed a complex of measures to ensure safe and efficient participation. Please, read the following information and contact Vostock Capital manager if you need to learn more.**

## Protection

- All Vostock Capital managers and hotel employees undergo medical examination at the beginning of every work shift. If they have any symptoms of cold, they are not allowed to work.
- All Vostock Capital managers and hotel employees will be provided with personal protective equipment necessary for the implementation of the daily disinfection measures (respirators, waterproof gloves).
- We strongly recommend and encourage wearing a protective mask for all employees and Congress participants. If you leave yours at home, we will be happy to provide you with the one at the reception.

## Cleaness and hygiene

- Please follow necessary hygiene rules: frequent hand washing, use of skin antiseptics. The hotel provides skin antiseptics for the treatment of hands of employees and visitors, installed in accessible areas, including conference floor and restrooms.
- Congress programme takes into accounts all requirements of Russian healthcare organizations. The breaks are long enough to ensure cleaning and disinfection of the conference hall.
- Every delegate is recommended to use personal protective gloves while being self-served during coffee breaks and lunches to preserve safety and hygiene.
- Preventive disinfection and daily cleaning are provided in accordance with the applicable instructions.
- Daily disinfection of air is provided for public areas with the help of 2 closed-type ultraviolet bactericidal irradiators.
- Cleaning and disinfection of ventilation and air conditioning systems are provided regularly by an accredited organization.

## Physical distancing

- Sitting arrangement in the conference hall follows all social distancing requirements. Online streaming of the Congress is available, so you will be able to join the business programme from Exhibition area with your mobile device or a laptop.
- Please try to avoid or reduce hand shaking and exchanging of business cards, digital business cards are safer alternative.

We support safe networking!